



Spring Hearts



A spring nature-based activity to do together with your child.

Venture out into your backyard or go on a nature walk to find flowers in your local area. Flowers that dry well work best such as lavender and native paper daisies. Cut out a heart shape from some scrap cardboard, poke with lots of holes, and thread with the stems of your picked flowers.

This simple activity builds connection to nature and the changing seasons, supports your child's creativity, and creates an opportunity to bring beauty from outside into your home.

Ensure that the flowers you choose are not poisonous and safe for your child to handle.