

# PRESSED FLOWERS

## For this activity you will need:

- Flowers
- Scissors
- Large heavy Book
- Glue
- At least 3 pieces of paper (approx A4 size)



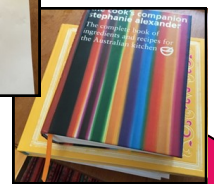
## What is the learning in this activity?

**Ages:** 3 years +

**Purpose:** Nature provides us with so many colours, particularly during Spring time. Our gardens are full of color, the buzzing of bees and maybe even a butterfly. This activity enhances children's appreciation of what grows in their garden, concepts of nature and extends their motor skills.

## Let's play!

1. Choose a heavy book and open the book towards the back.
2. Place a piece of paper into the open book.
3. Go into your garden and find some fallen petals or cut some flowers using your scissors.
4. Place your flowers onto the paper. Then lay your second piece of paper on top - ensuring it covers the flowers completely and close the book.
5. Place your book somewhere flat and pile a few more books on top. This pressure will help to flatten your flowers. Leave for a few days.
6. Open the book and discover the differences in how your flowers look and feel - they will be fragile so handle with care!



## Let's talk..

**Qs** - What colours can you see in your pressed flowers, and what is each flower called?

**Extension** - You might like to paste your dried flowers onto a new page, and to add to your picture by drawing insects, your garden, house or family around your flowers.

*We'd love to see your creations and home based play.*  
**Share with us at: @YarraRangesFamilies #YarraRangesPlay**  
 You can contact the YRC Family & Children's Services team  
 on 1300 368 333 or by email at [earlyyears@yarraranges.vic.gov.au](mailto:earlyyears@yarraranges.vic.gov.au)

