

Making and Creating with Puff Paint

For this activity you will need:

- Self Raising Flour
- Salt
- Food Colouring
- Water
- Bowls
- Card or heavy paper
- Material
- Microwave



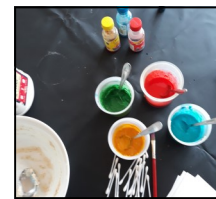
What is the learning in this activity?

Ages: Children 2+ yrs with an adult

Purpose: Homemade puff paint is fun, easy and inexpensive to make. It is simple for children to follow instructions and is a fun science experiment as well!

Let's play!

1. Mix equal parts of Self Raising Flour with salt. I started with 4 tablespoons of each.
2. Add a little water and stir until it becomes a paste with a consistency of paint.
3. Divide the paste between the small bowls.
4. Add some food colouring to each bowl.
5. Using a cotton bud, spoon or paint brush, apply the colours to your card or heavy paper.
6. Microwave for 30 seconds.
7. Admire your creation!



Let's talk..

Qs - Why did the paint puff? Why did we need to cook it? What colours can you mix? Can you make a shape? Can you make a picture?

Extension - Mix the coloured paints. Add detail to the puffed creations with pens and pencils.

We'd love to see your creations and home based play.

Share with us at: @YarraRangesFamilies #YarraRangesPlay

You can contact the YRC Family & Children's Services team on 1300 368 333 or by email at earlyyears@yarraranges.vic.gov.au