



YARRA RANGES WALK MT EVELYN

The Pathways for Carers project offers carers of people with a disability or mental illness an opportunity to share walks together, connect with nature and to learn more about news, services and supports available to carers. We will be joined on the walk by representatives from local organisations.

Free coffee and cake after each walk

Time and Day: 9:30am the first Thursday of every month

Start Location: Meeting at the Mt Evelyn Community House, 50 Wray Crescent, Mt Evelyn

For further information contact: Nicky Condello at Mt Evelyn Community House:
9736-1177, nicky@mtevelynch.com.au

Dates for 2024:

1 February	7 March	4 April	2 May	6 June	4 July
1 August	5 September	3 October	7 November	5 December	

Please check out our Facebook page
www.facebook.com/pathwaysforcarers



Mt Evelyn & Districts
Community Bank Branch **Bendigo Bank**



VMCH





Do I need to RSVP for the Pathways for Carers walks?

No, you can just arrive on the day.

Is there a cost to come on the walk?

No, the walk and morning tea are FREE for carers.

Will the walk still take place in wet or hot weather?

We will always meet at the walk location – rain, hail or shine! We may decide on the day to cut the walk short, or stay at the Community House. Carers are encouraged to dress according to the weather.

Are the walks suitable for everyone?

The walks are suitable for all fitness levels and are approx. 4kms or 50mins-1hr in duration. They are on a mix of sealed and gravel paths, and are mostly flat.

Please speak with the contact person for questions regarding specific locations, especially for wheelchair or walking aid accessibility.

Please also notify us if you would like to skip the walk and meet the group at the Community House.

Walks dates for other Councils

The Pathways for Carers Project operates all over the Eastern Region of Melbourne. Please see below for information regarding other locations and dates. You are welcome to attend walks at as many locations you like!

YARRA RANGES HEALESVILLE WALK

Time and Day: 9:45am the fourth Wednesday of the month (except Dec)

Start Location: Beechworth Bakery, 316 Maroondah Hwy, Healesville

Contact: Amanda May, Yarra Ranges Council on 9294 6741 or a.may@yarraranges.vic.gov.au

MAROONDAH WEEKDAY WALK

Time and Day: 10:00am the second Tuesday of every month

Start Location: Bark and Silk Café, Burnt Bridge Shopping Centre, 434 Maroondah Hwy, Ringwood East

Contact: VMCH Carer Engagement on 03 8595 2406 or carersevent@vmch.com.au

MAROONDAH WEEKEND WALK

Time and Day: 1:00pm the fourth Saturday of every month. January no walk.

Start Location: Realm Library, Eastland Shopping Centre (Ringwood Town Square), 179 Maroondah Hwy, Ringwood.

Contact: VMCH Carer Engagement on 03 8595 2406 or carersevent@vmch.com.au

MONASH WALK

Time and Day: 10:00am the second Friday of every month

Start Location: Madeleine's at Jell's Park (please enter via Waverley Road)

Contact: Barb Wallace, City of Monash on barb.wallace@monash.vic.gov.au

KNOX WALK

Time and Day: 9:30am – 4th Monday of the month (except Public Holidays)

Start Location: The Butler's Pantry, (Wellington Village Shopping Centre, 4/1090 Wellington Rd, Rowville)

Contact: Belinda Carney at Knox City Council on 9298 8000 or Belinda.Carney@Knox.vic.gov.au