

# Egg Heads

## For this activity you will need:

- Cress seeds
- Water
- Cracked Egg shell
- Texta's
- Cotton wool



## What is the learning in this activity?

**Ages:** Three+

**Purpose:** This simple science activity looks at how plants grow from seed and how they need water and light to help them grow.

## Let's play!

1. Wash and dry your cracked egg.
2. With a texta draw faces on the outside of your egg shells.
3. Fill the egg shell with cotton wool or tissues
4. Pour a little bit of water over the top of the cotton wool or tissue
5. Place the seeds on top of the wet cotton or tissue and place near a window.
6. Watch your cress grow each day - don't forget to add a bit of water everyday.



## Let's talk..

**Qs—** What else could we grow from seed? What meals could we add the cress to?

**Extension -** When the cress is ready to harvest the children can cut it with scissors add it to their meal. Try growing carrot tops, celery or onions. Record the height and time it takes.

*We'd love to see your creations and home based play.*

*Share with us at: @YarraRangesFamilies #YarraRangesPlay*

You can contact the YRC Family & Children's Services team on 1300 368 333 or by email at [earlyyears@yarraranges.vic.gov.au](mailto:earlyyears@yarraranges.vic.gov.au)