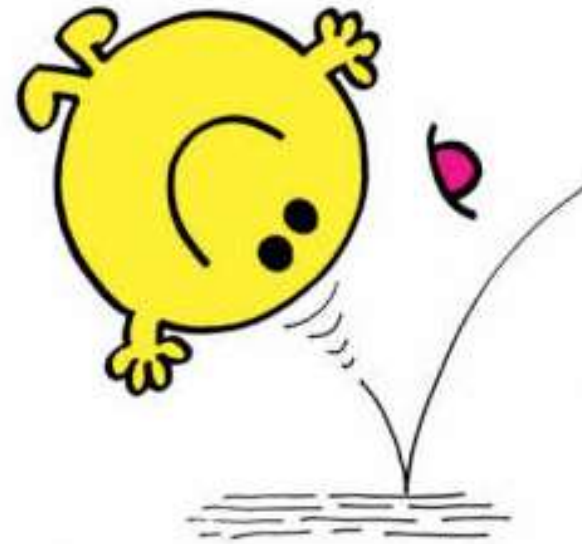


Strengthening Community Resilience

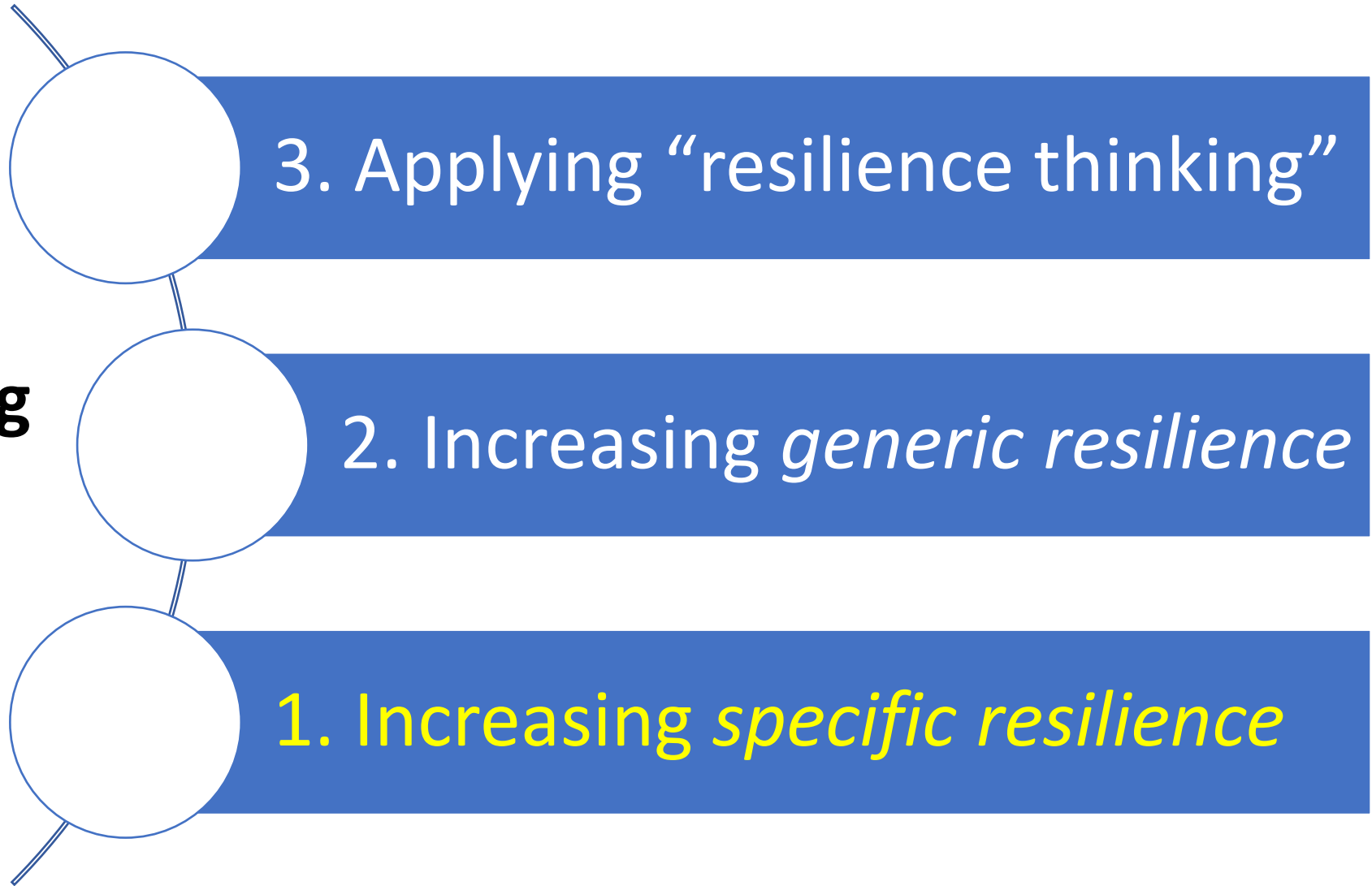
Lauren Rickards
Associate Professor



Centre for
Urban Research

Climate Change
Transformations
Research Program

**Strengthening
resilience**



Emergency Management Cycle



Increasing specific resilience

- Being able to manage a specific risk
 - Prevention: design out risks and vulnerability
 - Preparation: reduce the likelihood of the threat emerging or impacting you
 - Response: respond quickly and effectively to minimize damage
 - Recovery: bounce back, bounce forward (learn and improve for next time)



Resilient
Community
Organisations

Benchmarking
The Six Steps
Resources

Get Involved
About



Six steps to
resilience

Leading
Resilience

1



**Emergency Management:
Prevention, Preparedness,
Response & Recovery**

1b

Two main approaches to reducing specific risks

1. **Reduce physical exposure to a given risk**
 - Eg Build shaded areas, flood levies, walls to keep risk at bay
 - Eg Install early warning system or stay out of danger zones
 - Eg Put fires out if they start
2. **Reduce sensitivity to a given risk (how much it affects you)**
 - Eg Increase knowledge and skills for responding to emergencies
 - Eg Reduce lock in, increase options – eg alternative transport routes & modes
 - Eg Secure resources - water storage, off-grid electricity source
 - Eg Take out insurance



The case of the 2010-2011 SE Australia floods

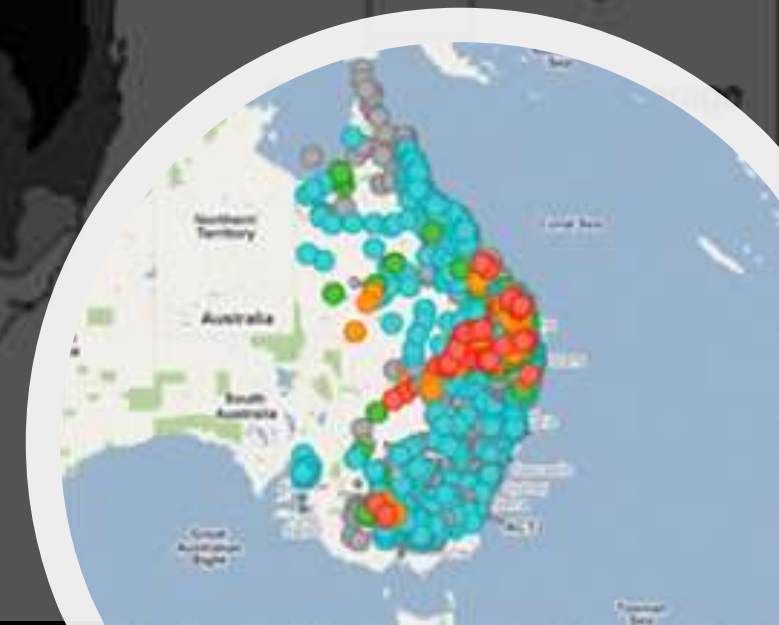
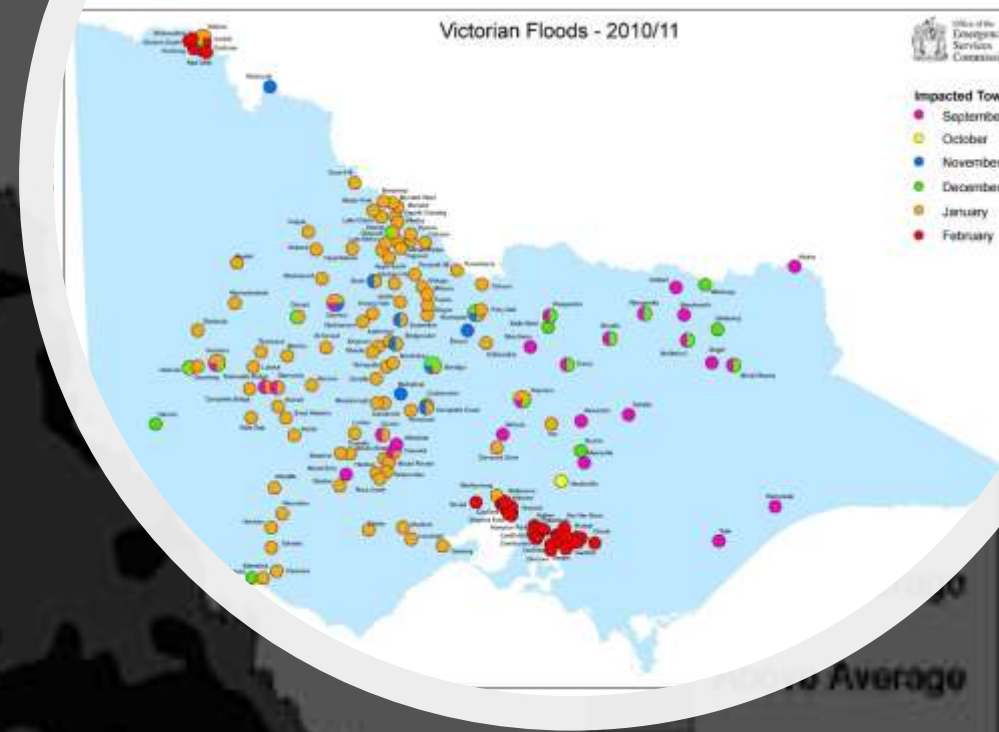




The physical event itself

Was exceptionally widespread & long lasting:

- Local rain impacts Qld, NSW, Vic
- **Water flows** widespread throughout MDB
- Meant emergency services were over-stretched, recovery options constrained



Flow-on effects shaped by land use

- Biophysical (erosion, mud and turbidity, salinity, pollution, weeds...)
- Disruptions – eg to energy and transport infrastructure
- Economics costs - \$ billions recovery and lost revenue



Compounding impacts

Impacts worsened by sensitivities to flood right along the food supply chain: food production, transportation, retail and consumers...

Rockhampton's narrow reliance on a few suppliers with inflexible sources and a heavy dependence on roads meant that food insecurity was widely experienced (Smith and Lawrence 2014).



Four risks of Specific Resilience approaches

1. That ill-considered responses generate injustices and unsustainable solutions

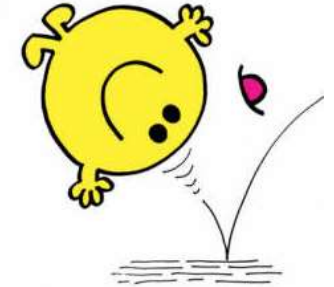
- Over-riding due process, social participation, local needs, local capacities and efforts
- Bouncing back when you need to “bounce forward”

Crises should be addressed without falling into the trap of “crisis talk” or assuming a permanent crisis mode.... Acute crisis policies have rarely led to sustainable solutions so far; they were driven more by the wish to find a short-cut out of the problem.

Haase et al (2018)

DWP 2016: an evolving ADF role in national disaster resilience

15 Apr 2016 | Paul Barnes



NEWS

Just In Politics World Business Analysis Sport Science Health Arts Fact

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Government to fast-track plan to rebuild Grantham

Melinda Howells and Sam Burgess Updated 24 Mar 2011, 1:53pm

The Queensland Government says a master plan will be finalised this weekend to rebuild the Lockyer Valley town of Grantham in the state's southern region.

Premier Anna Bligh says it was one of towns worst affected by flooding this summer.

Ms Bligh has told Parliament that Grantham will be the first to be declared a special area under the Queensland Reconstruction Authority legislation, speeding up planning and building processes.

She says a few residents want to leave the area, others want to rebuild where they are, but many want to move to a different part of town.

"About half of those affected have indicated they want to relocate to higher ground in Grantham," she said.

"With this plan, Grantham is set to become the little town that moved a little, to safer ground.

"We know that times have been tough in Grantham, but the people of Grantham are strong - they know how to bounce back."



PHOTO: The town of Grantham was destroyed by flash floods on January 21. (Dave Hunt/ANP Images)

Department of Home Affairs

Home → About us → Our functions → Security coordination

National security

The Australian Government's first priority is to keep our community safe from people who seek to do us harm

Security coordination | Lawful access to telecommunications | Countering extremism and terrorism | Transnational, serious and organised crime

Security coordination

Critical infrastructure resilience

Critical infrastructure provides services that are essential for everyday life such as energy, food, water, transport, communications, health and banking and finance.

Secure and resilient infrastructure supports productivity, and helps to drive the business activity that underpins economic growth.

Five Country Ministerial 2018

Taking care with trade-offs

- Acknowledge, discuss, negotiate
- Share responsibilities, costs
- Search for co-benefits, synergies

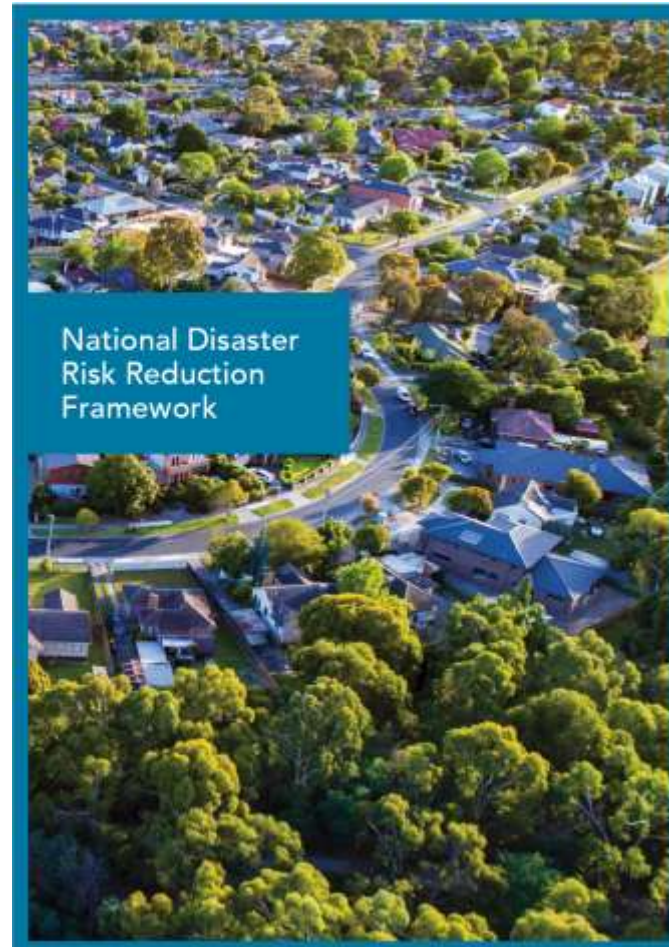
2. Lack of discussion about who and what is prioritised and why

Who or what is implicitly being asked to sacrifice their interests?

- Eg If the resilience of *Community X* is the goal:
 - What about other communities?
 - What about smaller groups?
 - What about larger groups and areas?

3. Resilience to what? What threats are left out of view?

- The world is becoming more complex, uncertain, unpredictable – need to be “ready for anything”



Drivers for action

NATURAL HAZARDS ARE MORE FREQUENT AND INTENSE

Many natural hazards are becoming more frequent and more intense, driven by Australia's changing climate. The Bureau of Meteorology/CSIRO's 2015 State of the Climate report describes the effect of Australia's changing climate, including warming temperatures, rising sea level, more severe fire weather, and increased rainfall in Australia's north and decreases in the south. It is predicted that these changes will continue, while new natural hazard threats will emerge. There is growing potential for cumulative or concurrent, large-scale natural hazards to occur.

ESSENTIAL SERVICES ARE INTERCONNECTED AND INTERDEPENDENT

Australians depend on reliable and affordable food, water, energy, telecommunications, transport networks (including road, rail, aviation and maritime), and financial services. These functions also depend on each other. The networks that ensure the sustained delivery of food, water and energy involve complex interactions between infrastructure, people, the environment, money and technology. A failure in any of these elements could have wide-ranging consequences across communities, businesses, governments and economies.

PEOPLE AND ASSETS ARE MORE EXPOSED AND VULNERABLE

As cities and regional centres expand to accommodate growing populations, the buildings and infrastructure needed to support our future communities will be exposed and vulnerable to natural hazards. The 2015 Intergenerational Report highlights that our population is growing and ageing. Our overall standard of living has improved, yet socioeconomic differences among communities remain, and people and assets continue to be located in at-risk areas such as coastal zones, floodplains and areas where bushland meets cities and towns.

DISASTER IMPACTS ARE LONG TERM AND COMPLEX

The impacts of disasters can be long term, complex, and intangible. Collectively, we are only now beginning to fully understand indirect, flow on and cumulative effects of disasters. We do know that disasters can trigger long-term challenges across a range of areas, including reduced education and workforce participation, increased crime, and physical and mental health and wellbeing. These impacts are often felt disproportionately by vulnerable or susceptible groups. Factors such as health and wellbeing, economic resources, social capital and knowledge influence a person's ability to prepare for, respond to, and recover from disasters.

Becoming too resilient to one threat (e.g. drought) does not leave you just unprepared for other things (e.g. flood, economic shock) – it can also *reduce* your resilience by using up resources and reducing your adaptability



WHY THE CAP SHOULD WIDEN ITS APPROACH TO RESILIENCE
TOWARDS A RESILIENT CAP FOR RESILIENT FARMING SYSTEMS

RESILIENCE IS MORE THAN ROBUSTNESS



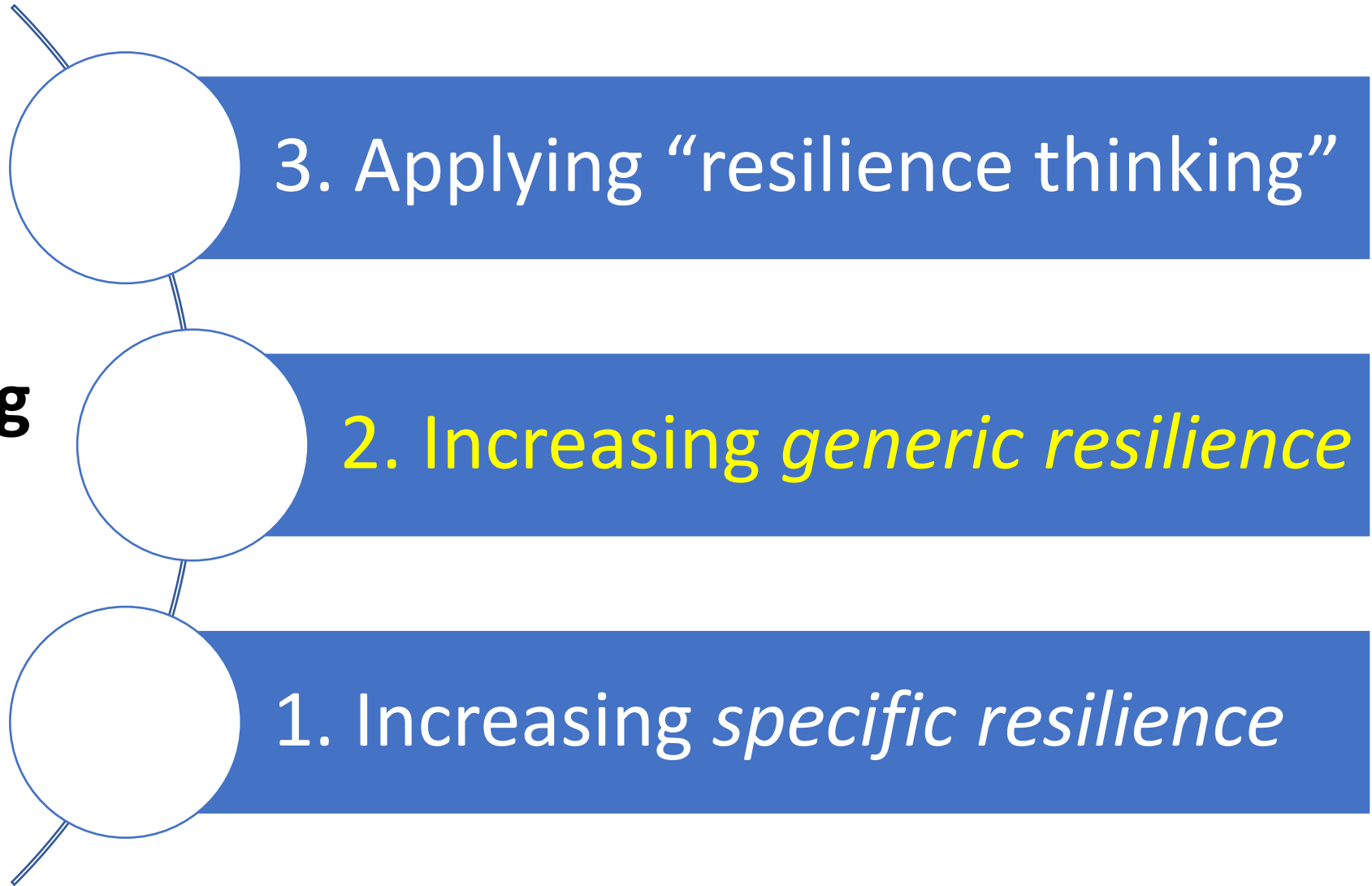
www.surefarmproject.eu /  #FutureofCAP



4. Resilience is not always positive – sometimes we need to *transform*

- Resilience implies that we want to and should protect what exists
- Unjust and illogical systems can be very resilient!
- The issue then is not resilience, but overcoming lock-in

**Strengthening
resilience**



Generic Resilience as Fit & Thriving

- Fitness: Strength, speed, endurance, flexibility, agility, courage...
- Thriving : “kicking goals”, improving

DEFINING URBAN RESILIENCE

Resilience is about **surviving and thriving**, regardless of the challenge.

100 RESILIENT CITIES

PIONEERED BY THE ROCKEFELLER FOUNDATION



9 Ways OLYMPIC CHAMPIONS Develop Resilience

by @Inner_Drive
www.innerdrive.co.uk

- 1 Develop a positive personality
- 2 View your decisions as active choices not sacrifices
- 3 Use support available to you from other people
- 4 Identify your motivation for succeeding
- 5 Focus on personal development
- 6 View setbacks as an opportunity for growth
- 7 Strengthen your confidence from a range of sources
- 8 Take responsibility for your thoughts, feelings, and behaviours
- 9 Concentrate on what you can control

Reference: "A grounded theory of psychological resilience in Olympic champions" by Fletcher and Sarkar - Psych of Sport and Exercise 2012



<http://www.laresilience.org>

LEVERS OF COMMUNITY RESILIENCE

The RAND Corporation identified eight "levers," or means of achieving community resilience. Activities related to these eight levers help move a community closer to achieving community resilience through an ongoing process.

- **Wellness** and **access** contribute to the development of the social and economic well-being of a community and the physical and psychological health of the population.
- Specifically following a disaster, **education** can be used to improve effective risk communication, **engagement** and **community self-sufficiency** build social connectedness, and **partnerships** ensure governmental and nongovernmental organizations are integrated.
- **Quality** and **efficiency** are ongoing levers that cut across all levers and core components of community resilience; considerations about quality monitoring and resource efficiency are essential in developing local community resilience-building plans.



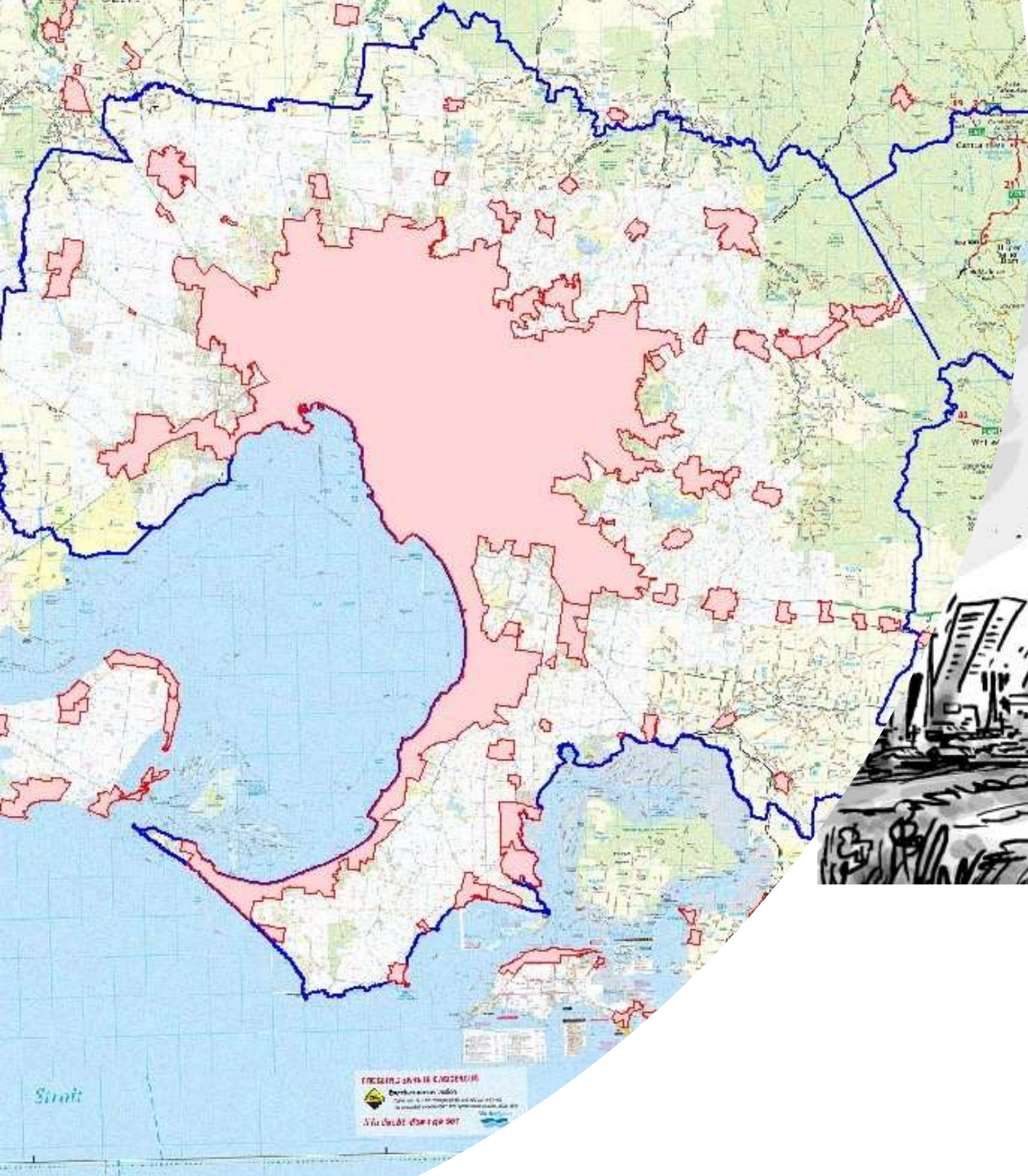
Source: Chandra et al, 2011, RAND

Generic Resilience as Sustainable Development

- Need the basics in place: environmental sustainability, social equality
- Address existing damage, inequities, gaps, chronic stresses, undesirable trends

SUSTAINABLE DEVELOPMENT GOALS







"Urban design caused the Hurricane Harvey disaster"



Ilan Kelman | 1 September 2017 | 33 comments

Houston's poor urban planning, not climate change, is to blame for the catastrophic flooding following Hurricane Harvey, says disaster expert Ilan Kelman in this [Opinion](#) column.

ipcc

INTERGOVERNMENTAL PANEL ON climate change

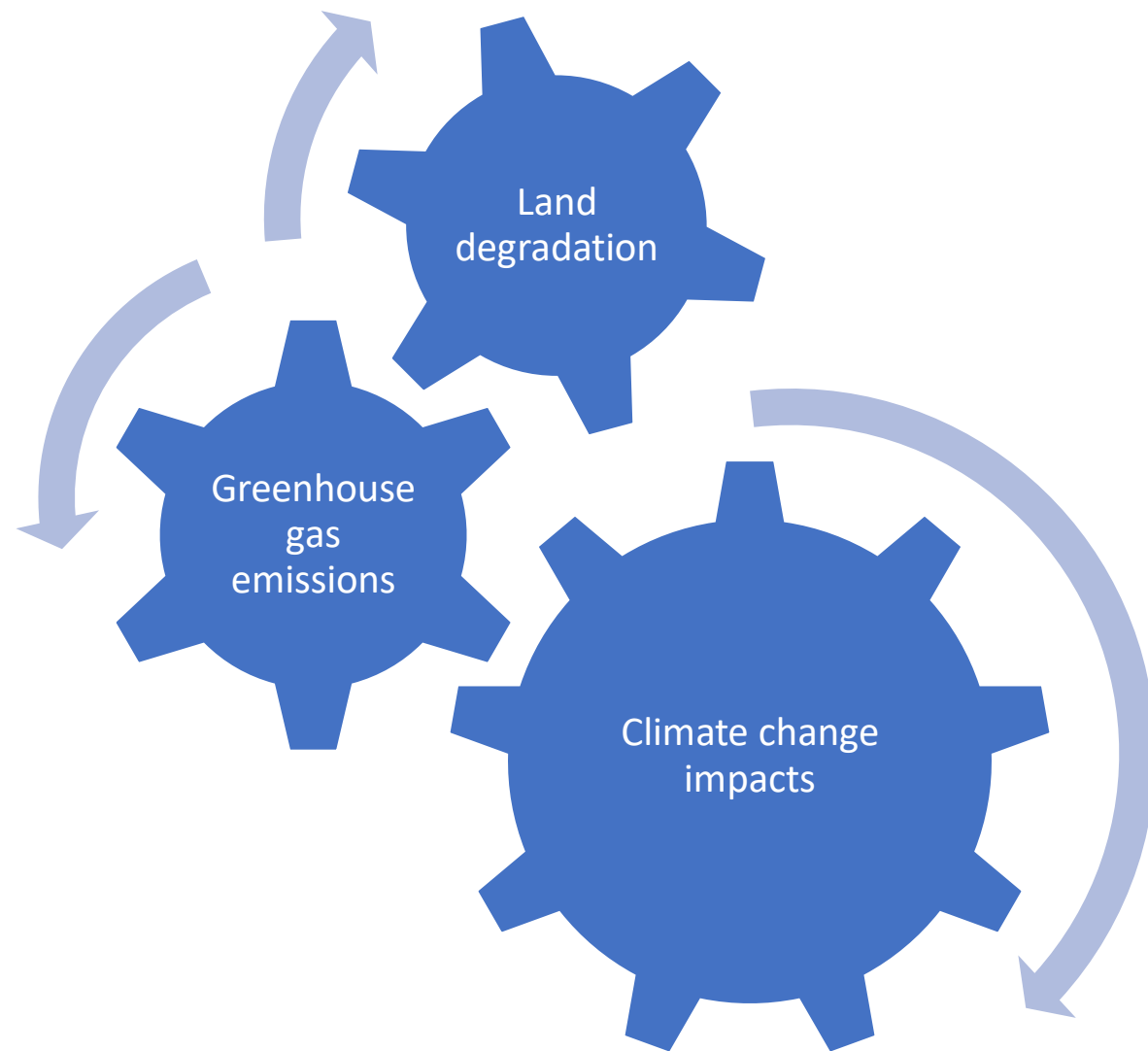
Climate Change and Land

An IPCC Special Report on climate change, desertification, land degradation, sustainable land management, food security, and greenhouse gas fluxes in terrestrial ecosystems

Summary for Policymakers



WG I WG II WG III



Building generic community resilience

- Looking after all the parts:
 - All individuals, all groups
 - Physical environment, assets
- Looking after the positive relations within and beyond:
 - Equality, inclusion, kindness
 - Social networks ('Bonding social capital')
 - Get to know each other
 - See each other regularly
 - Build cooperation, trust
 - Shared spaces, projects, infrastructure
 - Information sharing, learning from others elsewhere ('Bridging social capital')

Recovering from disasters: Social networks matter more than bottled water and batteries

February 14, 2017 1.16pm AEDT



*See for example
Daniel Aldrich's work*

...y after the March 11, 2011 earthquake and tsunami. Warren Antiola/Flickr, CC BY-

...ce about preparing for disasters focuses on building shelters and
...like food, water and batteries. But [resilience](#) - the ability to
...including natural disasters - comes from our connection
...al infrastructure or disaster kits.

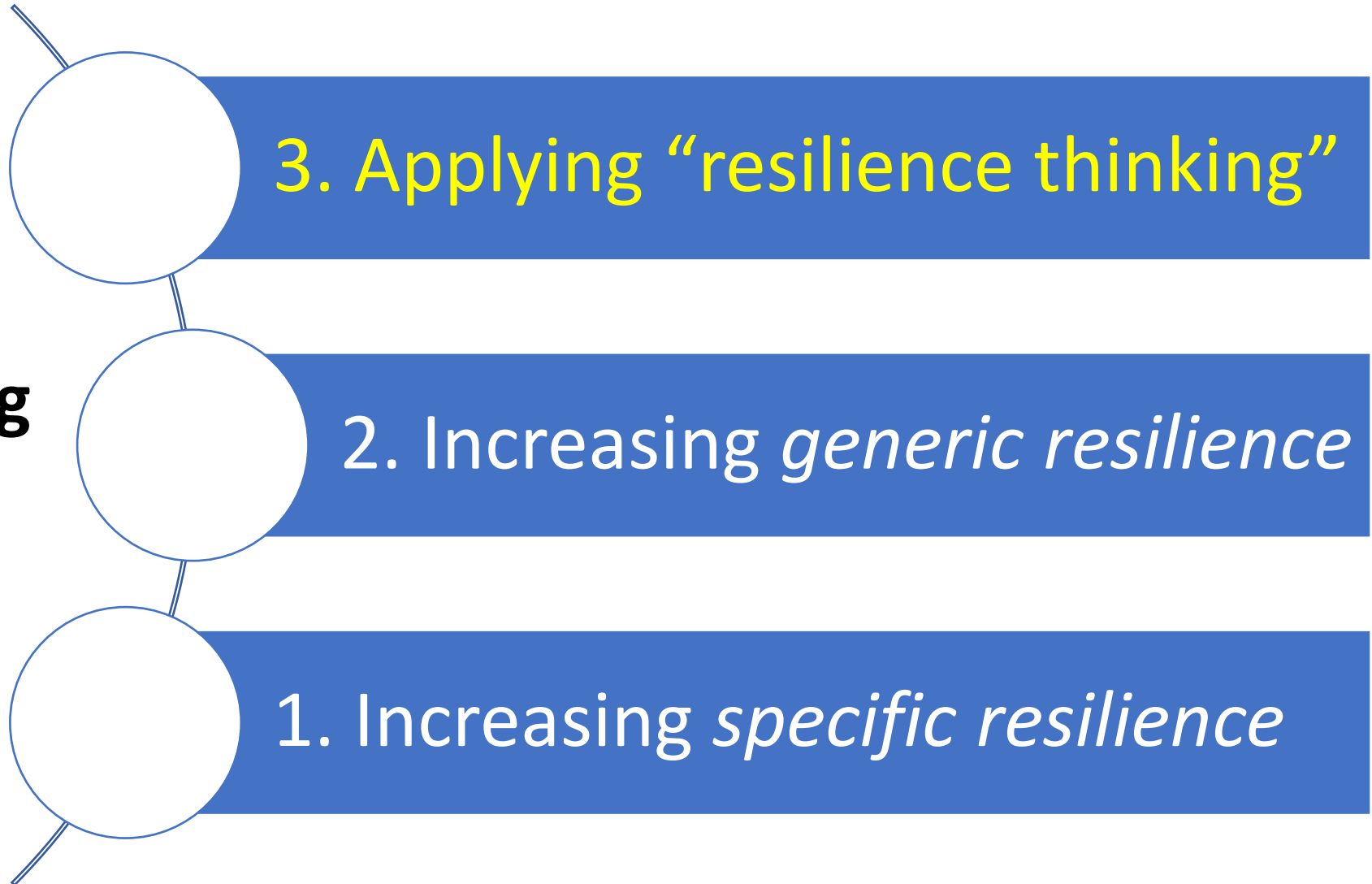
A risk of Generic Resilience approaches:

Reification of strength, demonization of weakness

- Resilience as the new strength
- Individualisation of responsibility
- Normalisation of adversity
- Condoning of structural inequality

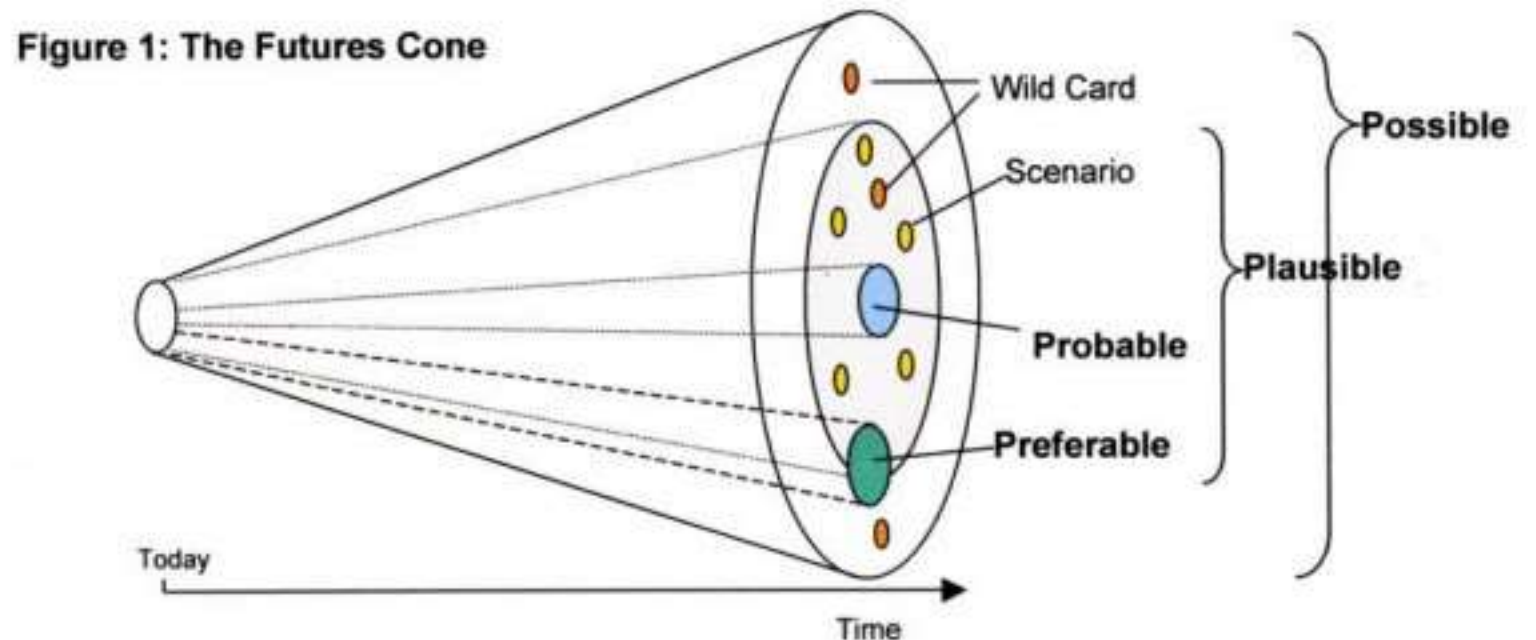


**Strengthening
resilience**



Applying resilience thinking

- Requires appreciation of dynamic processes, connections, interactions, systemic effects
- Can challenge some conventional risk management approaches – including a narrow focus on *most likely or calculable* events



Applying resilience thinking

7 core principles

1. Build in diversity, alternatives
2. Build in buffers, some slack (v. efficiency)
3. Be prepared for multiple and unexpected feedbacks
4. Manage connectivity carefully:



From Fiksel (2015)

Applying resilience thinking

- 7 core principles

1. Build in diversity, alternatives
2. Build in buffers, some slack
3. Be prepared for multiple and unexpected feedbacks
4. Manage connectivity carefully
5. Foster the capacity to sense changes *and learn* from them (more than monitoring...)
6. Involve those at multiple levels and situations in decision making (more than telling...)
7. Foster responsiveness and adaptability (more than potential - actual change)

see <https://www.stockholmresilience.org/research/research-news/2015-02-19-applying-resilience-thinking.html>



Reflective

using past experience to inform future decisions

Resourceful

recognizing alternative ways to use resources



Robust

well-conceived, constructed, and managed systems

Redundant

spare capacity purposively created to accommodate disruption

Flexible

willingness and ability to adopt alternative strategies in response to changing circumstances



Inclusive

prioritize broad consultation to create a sense of shared ownership in decision making

Integrated

bring together a range of distinct systems and institutions



A risk of Resilience Thinking approaches:

Reification of adaptability

(1) In nature, resilience (as in agility, mobility, responsiveness) is only one ecological 'life strategy'

- Others include being slow, immobile... We need to value these qualities too
- And, again, not demonise vulnerability, softness, weakness

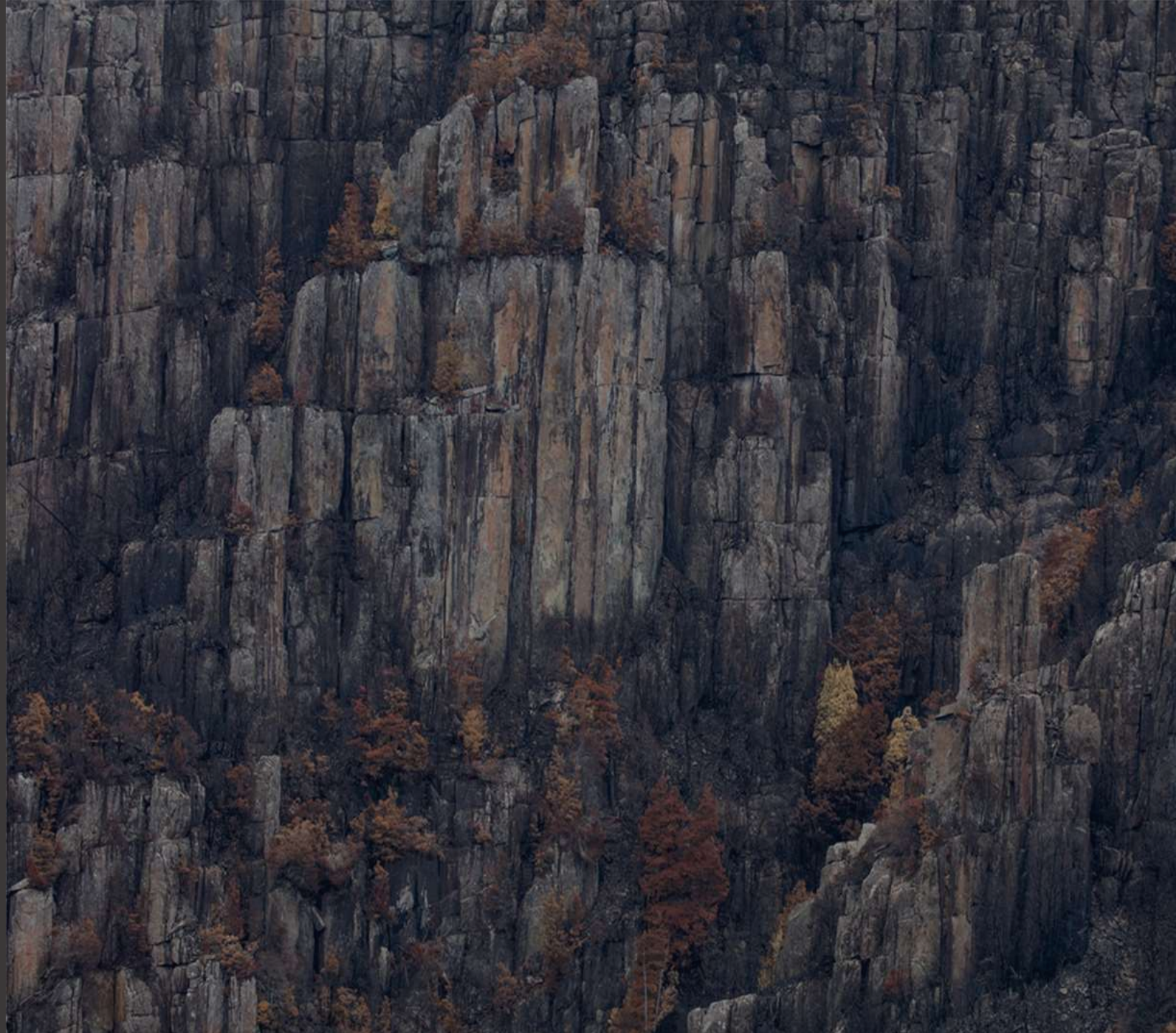




'A global tragedy is unfolding in Tasmania. World heritage forests are burning; 1,000-year-old trees and the hoary peat beneath are reduced to char. Fires have already taken stands of king billy and pencil pine – the last remaining fragments of an ecosystem that once spread across the supercontinent of Gondwana...

Unlike Australia's eucalyptus forests, which use fire to regenerate, these plants have not evolved to live within the natural cycle of conflagration and renewal. If burned, they die.'

Mathiesen (2016)



2,000-year-old King Billy pines reveal Tasmania's climate and fire history

ABC Radio Hobart By Carol Rääbus

Posted 7 Oct 2017, 8:00am



PHOTO: Some of Tasmania's King Billy pines are thousands of years old. (Flickr: Natalie Tapson)

Fire is not natural in this sort of vegetation. It destroys it' - Prof. Jamie Kilpatrick, University of Tasmania



[Under climate change] 'We must no longer accept these annual wildfire events as a fait accompli; or as if part of some romantic view of Australia in a Dorothea Mackellar poem...'

*Lyndall Rowley,
Tasmania Times*



Reification of adaptability continued:

(2) Need to defend the relevance of **precautionary principle**

And call out inappropriate uses of “adaptive management”

Not all disasters and impacts are “unpredictable”!



Scientists warn ancient desert springs may dry up under Adani plan

By [Nicole Hasham](#)

June 9, 2019 – 3:46pm



f t e | A A A

254 View all comments

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TRADE WARS

Trump's 'easy' war has struck fear into the global economy

2 hours ago

COURTS

'I still can't use this hand': Fingerprints ordered of beheading accused

2 hours ago

CHINESE INFLUENCE

'No point pretending there's nothing to see here': Peter Dutton warns on China

2 hours ago

AUSTRALIAN ECONOMY

Australian economy has reached a 'gentle turning point': RBA governor

A group of Australia's pre-eminent water scientists say a rare desert oasis may dry up under Adani's "flawed" protections for groundwater near its proposed Carmichael mine, in a scathing assessment days out from a crucial ruling on the plan.

Queensland's Department of Environment and Science is this week due to decide on Adani's groundwater management plan – one of the last remaining barriers to construction of the coal project.

Former federal environment minister Melissa Price granted approval for the highly contentious groundwater plan days out from the federal election campaign. This came despite CSIRO and Geoscience Australia raising concerns over the energy company's modelling and proposed management.

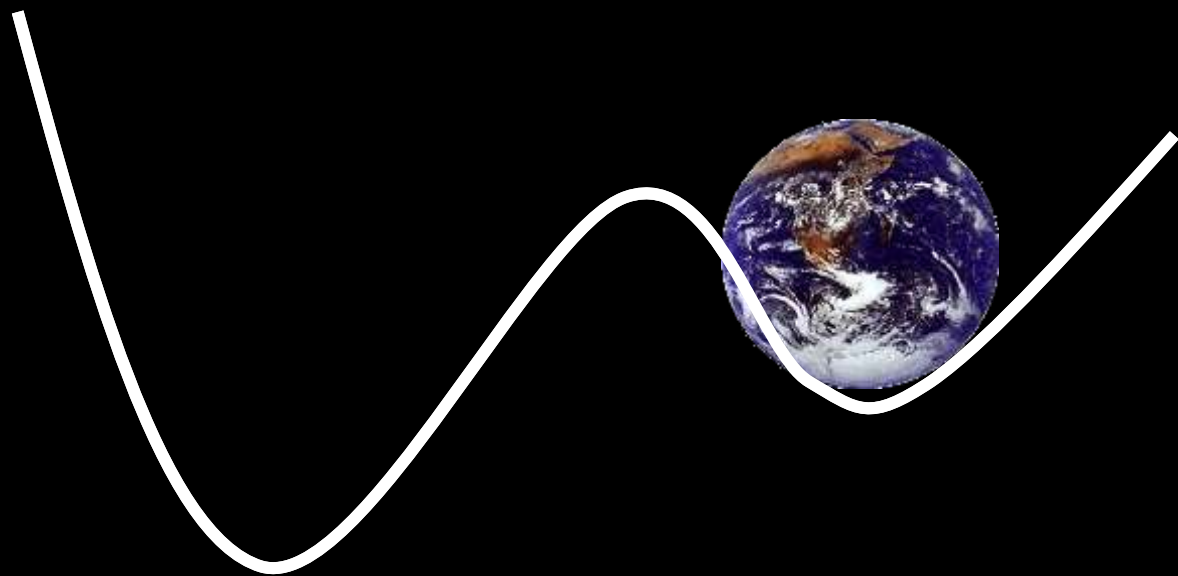


Doongmabulla Springs, which scientists say may be destroyed by the Adani coal mine. DEAN SEWELL

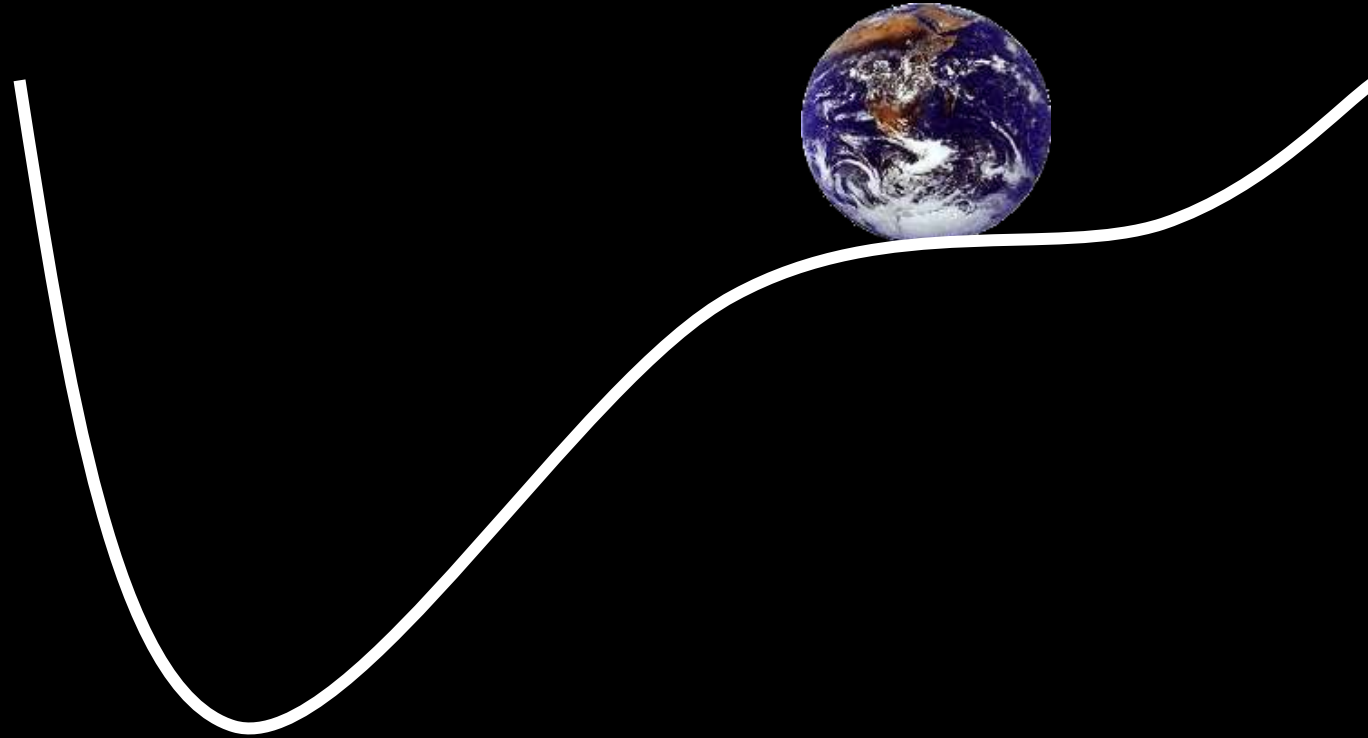
The scientists rejected Adani's so-called 'adaptive management' plan to mitigate risks to the wetland. The method – essentially a learning-by-doing approach – was unsuitable partly because of lag times between mining activity and the effect on the springs, they said.

Possible cumulative impacts to the wetland from other proposed coal projects have also not been properly considered...

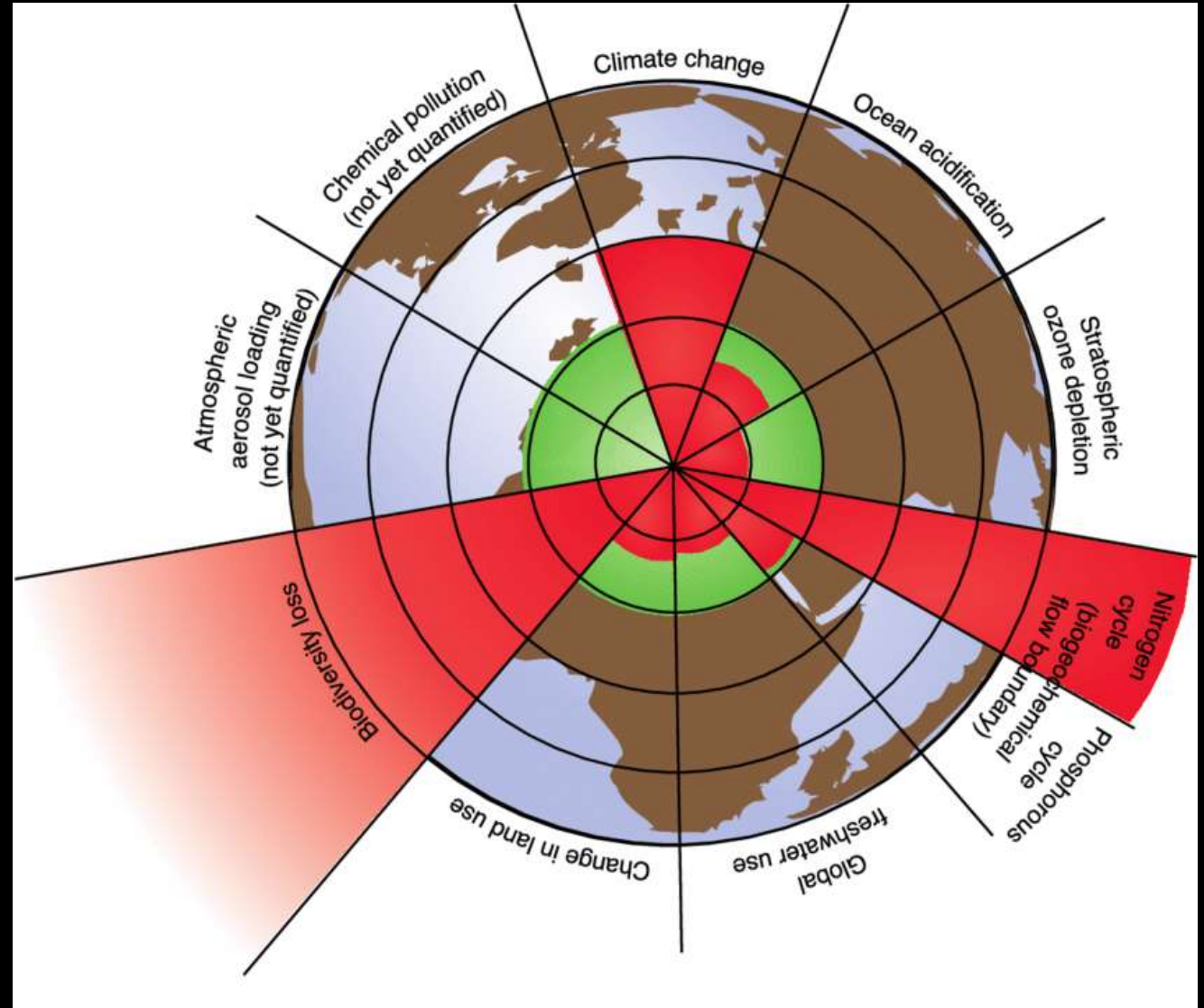
"If we allow Adani to drain billions of litres of water with this groundwater plan then we are effectively playing Russian roulette with the very existence of a million-year-old ecosystem," Professor Werner said.



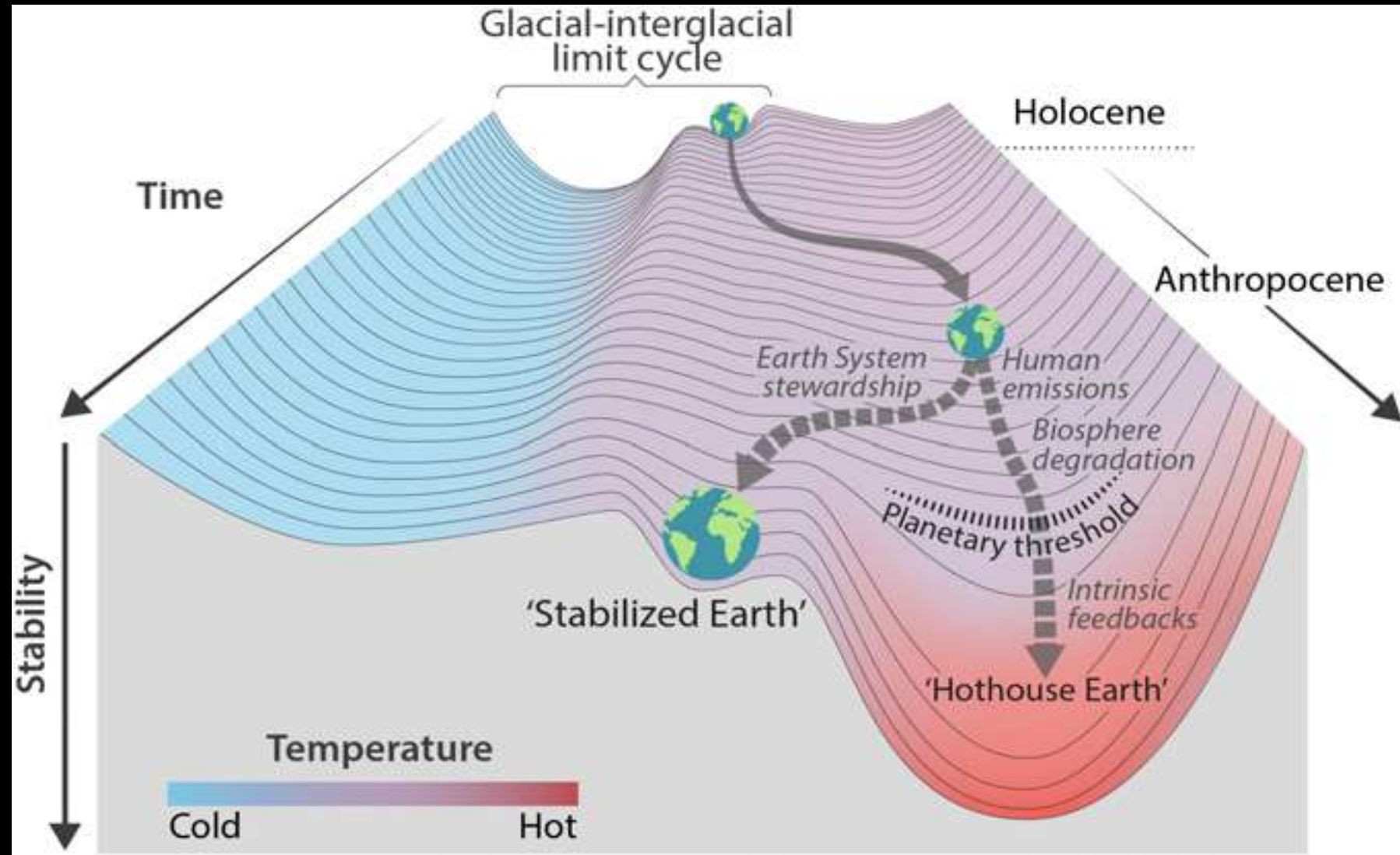
Reduced resilience – our precarious global situation



The Earth functions as a single system and is beginning to move into an *unsafe operating space*



We need to stabilize the planet



Steffen et al. (2018)

RESILIENCE



In sum:

- Community resilience is crucial! And tricky
- It is a process and skill, not a thing or destination
- It demands continual awareness of context
- Continual awareness of the risks and limitations of any one approach
- Challenging, ongoing, learning and shared decision making

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