

ACTIVITY NAME: Growing Carrots

For this activity you will need:

- Carrot tops
- Knife-parent supervision
- Empty egg shell
- Tissues
- water



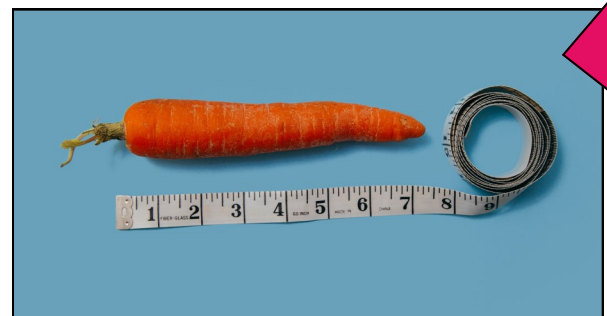
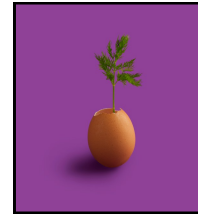
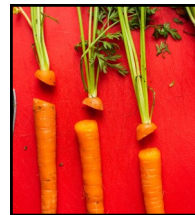
What is the learning in this activity?

Ages: 3 years+ - with parental support

Purpose: This simple activity supports children's understanding of where our food comes from and the growth process of carrots.

Let's play!

1. Wash out an empty egg shell
2. Cut the tops off your carrots – about 1 cm down.
3. Place a damp tissue into the egg shell
4. Place the carrot onto the tissue – top facing up
5. Place on your windowsill or some where that has sunlight and a bit of warmth.
6. Add a small amount of water each day
7. It will take about 2 weeks for it to start to shoot – then pop it into your garden and continue to water regularly until harvest.



Let's talk..

Qs - What other fruits or vegetables can be grown from a seed or off cut?

Extension - When the carrot is harvest what meals can we include it in?

We'd love to see your creations and home based play.

Share with us at: @YarraRangesFamilies #YarraRangesPlay

You can contact the YRC Family & Children's Services team on 1300 368 333 or by email at earlyyears@yarraranges.vic.gov.au