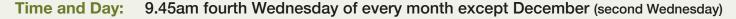


The Pathways for Carers walks offers carers of people with a disability or mental illness an opportunity to share walks together, connect with nature and to learn more about news, services and supports available to carers. We will be joined on the walk by representatives from local organisations.





Start Location: Meeting at the Beechworth Bakery, 316 Maroondah Hwy, Healesville

Finish Location: Enjoy a cuppa at the Healesville Community Link meeting room,

110 River Street, Healesville

For further information contact: Amanda May, Disability Inclusion Officer Yarra Ranges Council

on 9294 6741 or a.may@yarraranges.vic.gov.au

Dates for 2025

26 February 26 March 23 April 28 May 25 June 23 July

27 August 24 September 22 October 26 November 10 December

Please check out our Facebook page

www.facebook.com/pathwaysforcarers



















Do I need to RSVP for the Pathways for Carers walks?

No, you can just arrive on the day.

Is there a cost to come on the walk?

No, the walk and morning tea are FREE for carers.

Will the walk still take place in wet or hot weather?

Please dress for weather conditions on the day, walks might be cut short to accommodate rain or heat. However, on days Vic Emergency declare as extreme or catastrophic events, no walk or coffee chat will take place. Please do not come to the venue on these days. Carers are encouraged to check Facebook for any late updates, and carers will be contacted via text / email for any late changes (where possible).

Are the walks suitable for everyone?

The walks are suitable for all fitness levels and are approx. 4kms or 50mins-1hr in duration. They are on a mix of sealed and gravel paths, and are mostly flat.

Please speak with the contact person for questions regarding specific locations, especially for wheelchair or walking aid accessibility.

Please also notify us if you would like to skip the walk and join us for morning tea at the Healesville Community Link meeting room, 110 River Street, Healesville.

Walks dates for other Councils

The Pathways for Carers walks operate all over the Eastern Region of Melbourne. Please see below for information regarding other locations and dates. You are welcome to attend walks at as many locations you like!

YARRA RANGES MT EVELYN WALK

Time and Day: 9:30am the first Thursday of every month

Start Location: Meeting at the Mt Evelyn Community House (50 Wray Cres, Mt Evelyn)

Contact: Nicky Condello, Mt Evelyn Community House on 9736 1177 or

nicky@mtevelynch.com.au

MAROONDAH WALK

Time and Day: 1:00pm the fourth Saturday of every month

Start Location: Realm Library, Eastland Shopping Centre (Ringwood Town Square),

179 Maroondah Hwy, Ringwood.

Contact: VMCH Carer Engagement on 03 8595 2405 or carersevent@vmch.com.au

MONASH WALK

Time and Day: 10:00am the second Friday of every month

Start Location: Madeleine's at Jell's Park (please enter via Waverley Road)

Contact: Barb Wallace, City of Monash on barb.wallace@monash.vic.gov.au

KNOX WALK

Time and Day: 10:00am – 4th Monday of the month (except Public Holidays) **Start Location:** Coonara Community House, 22 Willow Rd Upper Ferntree Gully

Contact: Michelle Penney, Knox Council, on 9298 8000 or DisabilityInclusion@knox.vic.gov.au